



Spectrum Care is an independent charitable trust that provides services for children, young people and adults with disabilities, and their families.

Our services include 24-hour support for people living in residential homes throughout the Auckland and Waikato regions, respite care for adults in the Waikato and Bay of Plenty, and respite care for children in Auckland.

We also offer specialised Home Support, Transitions and Aspirations services for people in the greater Auckland region, along with a School Holiday Programme of activities for children.

Our Lives of Choice and Choice in Community Living programmes are specifically focused on supporting people to their lives of choice – lives like any other – in the community.

Our vision: People with disabilities living great lives

Contact information

Head Office
Spectrum Care Trust Board
270 Neilson Street
Onehunga

PO Box 91147
Victoria Street West
Auckland 1142

Phone: 09 634 3790
Fax: 09 634 3791
Email: info@spectrumcare.org.nz
Website: www.spectrumcare.org.nz

feedback

Spectrum Care values feedback as it provides us an opportunity to improve our quality of service. We encourage the people we support, their families/whanau, staff and the community to provide us with feedback whenever possible.

Compliments are always passed on and celebrated. Ideas or suggestions on how we can improve our services are always considered, and complaints are always acknowledged and investigated.

Making a complaint about services you have received can be a difficult thing to do, particularly if you are not sure of the best way to get your point across. Generally, it is helpful to first raise your concerns with the provider to try and resolve the complaint directly between yourselves. Sometimes this is not possible, or you may feel unable to deal with this yourself.

You can give us your feedback in several ways:

1. Call and speak to the House Leader
2. Phone us on 09 634 3790 or 0800 OUT LOUD to contact the following people:
 - Service Coordinator
 - Service Manager
 - Quality and Risk Manager
3. Write a letter and post it to:

Spectrum Care
PO Box 91 147
Auckland 1142
4. Or Fax it on 09 634 3791
5. Email us at info@spectrumcare.org.nz

Listening and responding to your feedback is important...

your rights

The Code of Health and Disability Services Consumers' Rights states that you have the right to:

- Be treated with respect
- Freedom from discrimination, coercion, harassment and exploitation
- Dignity and independence
- Services of an appropriate standard
- Effective communication
- Be fully informed
- Make an informed choice and give informed consent
- Support
- Rights in respect of teaching or research
- Complain

For more information on the Code of Health and Disability Services Consumers' Rights and other relevant information, please visit the Health and Disability Services website: www.hdc.org.nz.

advocacy

An advocate encourages and supports an individual to speak for themselves to ensure their rights are upheld.

When a person lacks the ability to speak for themselves, an advocate can speak and act on their behalf – always with their best interests in mind.

If you need to contact an advocate for any reason, call the Spectrum Care Advocate on 09 634 3790 ext 312 or 0274 757 577. Alternatively, you can contact a Health and Disability Consumer Advocate by telephone: 0800 555 050 or email: advocacy@hdc.org.nz.



...providing high-quality,
culturally appropriate support and
advisory services...

community cultural services

Our community cultural team provides support and advisory services to people of all cultures and ethnicities, with specialist teams supporting the needs of our Maori, Pacific Island and Asian communities.

Our cultural services aim to provide person-centred, culturally appropriate support and an integrated approach that focuses on the needs of the individual, supporting them to live a great life.

The Community Cultural team supports people by:

- Assisting families to access the support they require from government agencies, such as Work and Income or Housing New Zealand
- Linking families with other disability support agencies
- Assisting Spectrum staff and families to promote cultural understanding
- Encouraging people with a disability to become actively involved and included in their cultures and communities
- Linking people with a disability to their culture and family
- Supporting families in the planning and reviewing of Spectrum services to ensure cultural needs are met

awhi

Meaning 'to support and guide', Spectrum's 'Awhi' group has been delivering culturally appropriate support to Maori accessing our services and their families/whanau for nearly 20 years.

The Awhi group is involved in all aspects of Spectrum's support provision, and also facilitates staff inductions, powhiri, house blessings, tangi (bereavements), rights and advocacy, and a wide variety of cultural initiatives.



community cultural services

pacifika

Spectrum Care's Pacifika group provides high-quality, culturally appropriate support and advisory services to people from the Pacific Islands and their families.

The Pacifika group provides an array of cultural activities and events for the people we support, as well as facilitating at blessings, bereavements, staff advocacy and cultural initiatives.

asian services

For more than 10 years, Spectrum has provided culturally appropriate support and advisory services to people of Asian descent and their families.

Led by Spectrum's Cultural Advisor – Asian Services, our specialist cultural team also utilises a wide network of long-term partnerships with community organisations such as TANI (The Asian Network Inc), CNSST (Chinese New Settlers Services Trust), NZCYT (New Zealand Chinese Youth Trust) and the Disability Connect Chinese Families Autism Support Group.

who can access community cultural services?

Access to Community Cultural Services is via a referral from the Needs Assessment and Service Coordination (NASC) agency, Taikura Trust (phone 0800 835 4672).

how do I find out more?

For more information on Spectrum Care's Community Cultural Services, contact the Manager – Community Support Services on 09 634 3790.

person centred and 'outcomes' focused

Spectrum Care is committed to providing person-centred services.

The 'Outcomes' approach stems from this commitment and asks two key questions of our service users: What do you want to achieve to have a great life? How can we support you to make this happen?

We learn about Outcomes when we talk to a person and discover what is important to them and why. This information is skilfully and patiently gathered through an interview process which, where appropriate, may also include parents/whanau, guardians, friends and support staff.

Outcomes are then broken into short- and long-term goals, which are recorded in each person's Outcomes Plan. Progress towards achieving goals and outcomes, and the organisational supports that are provided to assist the individual, are regularly assessed.

the outcomes philosophy

Outcomes focus on supporting individuals and helping turn Spectrum Care's person-centred philosophy into reality across every service.

The Outcomes philosophy is a major shift in thinking. It challenges the traditional approach to supporting people and makes it essential to focus on them as individuals, their aspirations and major expectations in life, and the best way to support them to achieve these – rather than looking at people as part of a group and the 'one size fits all' approach.

Outcomes are the major aspirations and goals that people have in their lives and differ from person to person. Spectrum Care is striving to tailor its services as much as possible to recognise these different needs and to support individuals to achieve the Outcomes they have identified.

For more information on Outcomes and how the philosophy is incorporated into all Spectrum Care services, contact the Project Manager – Outcomes on 09 634 3790.